

# Remembering the patients



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**FLASHBACK:** Cousins Bernice Smith and Maurice Zinsli on the site of the Memorial Wall when earthworks were started in November. It was Mrs Smith's family research that alerted Mr Zinsli to his aunt who is buried in the cemetery.

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The \$10,000 Memorial Wall is the centrepiece of the cemetery.

The base was completed thanks to Bowers Concrete, Jeremy Walker Concrete Laying and volunteers.

A flag will fly over the cemetery on a stainless steel pole, thanks to NDA Engineering, and a seat is to be mounted on the concrete base allowing visitors to sit looking back towards the names.

Each grave will have its own

small headstone and plaque with the name of the person, dates and grave number.

Mr Zinsli says the wall and headstones are fitting gestures and "the least we can do for them".

"It brings closure."

■ A new initiative has been to open an ASB Bank account for donations to assist with the current project, and for future work and maintenance.

People wishing to donate can do so at any branch to account number 12-3134-0061582-00.

■ If you are interested in following the progress of developments in the cemetery go to: [www.tokanuihospitalcemetery.weebly.com](http://www.tokanuihospitalcemetery.weebly.com) or contact Mr Zinsli: [mezizzle@clear.net.nz](mailto:mezizzle@clear.net.nz) or (07) 847 8050 (a/h).

■ To check the list of those buried at the cemetery visit [www.findagrave.com](http://www.findagrave.com)

■ The Tokanui cemetery is on Farm Road, off Te Mawhai Road, and the public is welcome to attend the Memorial Wall unveiling.



Jeff Falconer - Te Awamutu Bible Chapel

## Think of others, show patience

I read an article a while ago that addressed a challenge that I face often. How do I respond when people do things that, quite frankly, annoy me?

The example given was of a person driving along a country road at a slow speed with another car following rather closely. There was no place to pull over and the driver in front drove cautiously around the sharp corners. They could almost feel the irritation from the driver behind.

(What are you thinking as you read this? Can you relate to this?)

The article went on to point out that the first driver had a fragile load in the car including crockpots full of gravy and many other food items that they were delivering to be part of a meal being put on for the community. If only the following driver knew how fragile the load was and the good cause that the food was going to, their attitude may be different!

The challenge I am faced with is: How often am I impatient with people when I have no idea of the fragile load they might be carrying?

How easily we can pass judgement on a person without knowing the details of their situation.

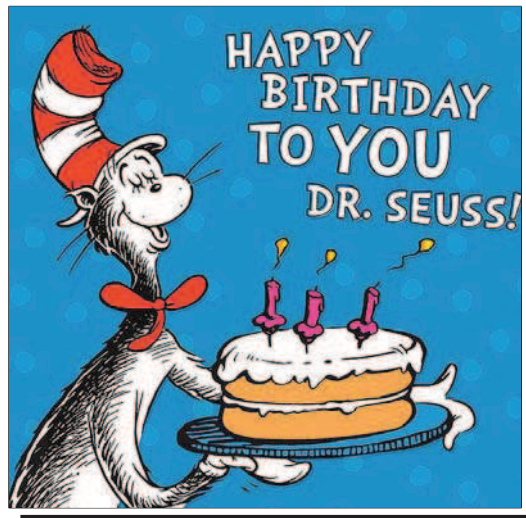
How often we can be impatient with a person because they are in the way of our needs being met? We would respond so differently if we only knew the load they were carrying.

Jesus taught that we should "Do to others as you would have them do to you" Luke 6:31

When I am tempted to lose patience with someone I need to stop and think how patient God is with me. He perfectly understands me and offers me forgiveness and help with the load I am carrying. His offers is for any who will come to Him and He asks that we also, "Be kind to one another, forgiving one another, even as God in Christ forgave you." Ephesians 4:32

Have a great day and bless someone else's day.

## Celebrating birthday of famous Dr Seuss



"You can find magic wherever you look. Sit back and relax, all you need is a book."

To celebrate the birthday of children's favourite author Dr Seuss, Altrusa Te Awamutu is joining forces with the Te Awamutu Library on Saturday, February 27.

Families are invited to the Te Awamutu Library between 10am and 12 noon to help celebrate with stories, cake and spot prizes (previous promotion of books for the first 40 children was incorrect).

The Te Awamutu Museum is also getting involved with Lorax themed activities running from 10am-2pm (you may even spot the Lorax hanging out at the museum!).

Altrusa's central theme is improving literacy, so Altrusa is right behind getting children reading books.

The start of the school year is a great time to get your child a library card.

Libraries support learning

and literacy, but also offer hours of escape and the pleasure gained from reading books.

Waipa District Libraries have extensive children's collections that are mostly free to borrow.

With a library card you can access this wonderful community resource.

As Dr Seuss said "The more that you read, the more things you know. The more that you learn, the more places you'll go."

■ Dr Seuss — Theodore Seuss Geisel (March 2, 1904 — September 24, 1991) also wrote under the names Theo LeSieg, Rosetta Stone and Theophrastus Seuss. As well as being a children's author and illustrator, he was a political cartoonist and during WWII worked for the animation department of the US Army, producing short films. In 1947 he won the Academy Award for Documentary Feature.

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## Fast weight loss at Body Buzz



### Scott Philips lost 37 kilograms in 17 weeks at Body Buzz

"Before discovering Body Buzz I had lost weight by doing lots of exercise. I would go to the gym and train for 2 hours in the morning and another 2 hours in the evening. When I stopped exercising I would put all the weight back on again. In the contracting business when the weather is good we work long hours so finding an extra 4 hours a day for exercising is not realistic.

### Lost 30 cm off my waist

"I heard about the results at Body Buzz so I decided to give it a go. I could feel the effects of the vibration training on my muscles after the first 12 minute workout. With a combination of Vibration Training, nutrition adjustments and the odd walk or bike ride I have lost 37kgs in 17 weeks. So far, on average, my body is burning up more than 2 kg of fat per week. The most noticeable difference is my waist which has shrunk by over 30 cm"

"The reason Body Buzz works so well for weight loss is because of the system. If you follow the education and support system Marty has set up you will succeed.

If you find yourself identifying with Scott and you too want to look and feel great again then it's time to take action and become part of the community at Body Buzz.

It's vitally important you look after yourself and get healthy.

### Give us a call today on 871 8558 for your FREE consultation

Check out our other testimonials on [www.bodybuzz.co.nz](http://www.bodybuzz.co.nz)



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